

Hand Washing

Stay healthy. Always wash your hands!

step by step



1



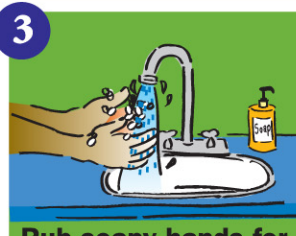
Wet hands

2



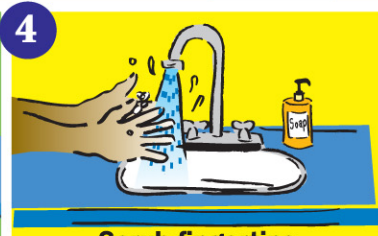
Apply soap

3



Rub soapy hands for
20 seconds

4



Scrub fingertips
& between fingers

5



Scrub forearm to just
below elbow

6



Rinse forearm &
hands

7



Use towel to dry
hands & forearms

8



Turn off water with
towel & throw
towel away